



48th ANNUAL A.R.E MID-SOUTH RETREAT

Montgomery Bell State Park, Burns, Tennessee

November 1-3, 2019

Cayce's Wisdom and the Four Directions of the Medicine Wheel: Sharing the Shaman's Path to Transformation

featuring Nancy Chrisbaum

As a Shaman trained in the Peruvian tradition and a former 17-year employee of the A.R.E. in Virginia Beach, Nancy will compare the Shamanic traditions with Edgar Cayce's wisdom. Over the weekend, she will describe the transformative power of the Medicine Wheel, the role of Nature in both Shamanism and Edgar Cayce's work, as well as leading experiential exercises to enhance intuitive development and paths for personal transformation.

SCHEDULE: Friday: 4 PM Registration begins; 7 PM Orientation
7:30 PM Program begins.

Saturday: 9:00 AM-Noon Program; 2-5:00 PM Mini-worshops;
7-9:30 PM Program.

Sunday: 9:00-11:30 AM Program conclusion.

ACCOMMODATIONS: Make your own room reservations with Montgomery Bell State Park Inn (800-250-8613) **before Sept 22, 2019**. Be sure to identify yourself as "Association for Research & Enlightenment" so that you can be counted as part of the block of rooms reserved for us. Our group rate is \$91.80 (includes tax) per night for single or double—\$10 per night for each additional occupant over 2. If you would like help finding a roommate contact the retreat registrar. Campsites and group villas/cabins are available through the Inn.

TUITION: Before Sept 22, 2019: \$55 per person; \$40 for Seniors, 2 from same family, and students. **After Sept 22, 2019:** \$75 per person for ALL. For information contact Registrar, Greta Heru 901-206-6289 or email gheru19@hotmail.com.

MEALS: Buffet available in the Inn dining room (call Inn for current price list) or drive to Dickson.

DIRECTIONS: State Park Inn located 8 miles east of Dickson on U.S. Highway 70, west of Nashville. Eastbound: Leave I-40 at exit 172 north onto Hwy 46. Drive 4 miles then take a right on Hwy 70 (at Rite Aid Drug Store). Drive 4 miles and turn right at the small brown "Park Entrance" sign. Follow signs within the Park to Inn/conference center (through woods 2 miles). Westbound: Leave I-40 at exit 182 turn left onto Hwy 96, go 12 miles to U.S. Hwy 70. Turn right on Hwy 70, proceed 2.5 miles, turn right into park entrance as above.

Yes! Please Register Me! Cayce's Wisdom and the Four Directions of the Medicine Wheel

Name(s): _____

Address (es): _____

City State/Zip (s) _____

Phone & E-Mail address for all registering: _____

No. Adults @ \$55 each

\$

No. Seniors (62 & up), students, or
2 from same family @ \$40 each

\$

Amount Enclosed

\$

Make check/money order payable to:

Greta Heru, Registrar

437 N. Highland #1

Memphis, TN 38122

Note: Refunds available if requested by October 30, 2019